

Requirements for Manuscripts Submitted to “ULYANOVSK MEDICO-BIOLOGICAL JOURNAL”

1. About the Journal.

Founder: Ulyanovsk State University.

Editor in Chief: [Midlenko Vladimir Ilyich](#), MD, professor, Honored Worker of Higher Education of the Russian Federation, member of the Russian Academy of Natural Sciences, director of the [Institute of Medicine, Ecology and Physical Education](#), Ulyanovsk State University.

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The Journal is in the list of peer-reviewed scientific publications, in which the basic results of thesis research must be published. Order of the Ministry of Education and Science № 793, July 25, 2014; amended by the order of the Ministry of Education and Science of Russia № 560, June 3, 2015.

2. Types of Articles Accepted. The Journal publishes the results of scientific research in the fields of medicine and biology. The Journal is published 4 times a year. Editorial Board accepts scientific reviews, papers, original scientific reports, methodological papers, clinical observations, reviews and chronicle of events.

The Journal publishes papers in the following areas: General Biology, Physiology, Clinical Medicine, Preventive Medicine, and Biomedicine.

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After the manuscript has been processed and accepted for publication, authors' names are not subject to any change (addition, deletion or rearrangement of authors' names in the authorship list). While submitting the final version to the Editorial Board, please make sure that the authorship list is complete and correct.

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The Editorial Board reserves the right to reject the materials, which do not meet the remit of the Journal or its requirements.

The date of the manuscript receipt is the time of the final (processed) version receipt in case of its revision after review.

10. Submission of Manuscripts. Manuscripts and accompanying documents can be submitted to the Editorial Board in one of the following ways:

- by e-mail ulsubook@yandex.ru (Microsoft Office Word 2003, 2007; file name – last name of the first author; scanned supporting documents with original signatures are attached to the letter as separate files);

- by regular mail (1 printed copy of the manuscript with the mandatory application of the electronic version (Microsoft Office Word 2003, 2007), and the signed originals of all required supporting documents).

11. Supporting Documents. Supporting documents include:

- Author Statement (available at: http://medbio.ulsu.ru/images/Pravila/Author_Statement_English.pdf);
- copy of Dispute Resolution Commission report (if necessary);
- expert report on the possibility of open publication (if necessary).

12. Requirements for Manuscripts Submitted.

12.1. General Rules. The manuscript should be checked for spelling and grammar. The manuscript must be typed using font size 14, Times New Roman, 1.5-spaced, all margins 2.5 cm, paragraph indention – 1.27. All pages must be numbered. Automatic hyphenation is forbidden. Information about the author(s) is given at the end of the article.

The text of the article is submitted in Microsoft Office Word 2003, 2007. File name – last name of the first author (e.g., Ivanov.doc).

Scanned documents are submitted in separate files, also by the name of the first author (e.g., Ivanov.Agreement, Ivanov.AuthorStatement).

The manuscript (including illustrations, tables, and references) should not exceed 20 pages in length for reviews and 15 pages for other materials. For news shots, and articles devoted to anniversaries and memorable dates the manuscripts should not exceed 5 pages of a typewritten text. Longer manuscripts can be printed only in coordination with the Editorial Board.

12.2. Manuscript Language. Manuscripts are accepted both in Russian and/or English.

Manuscripts of foreign authors submitted in English are published by the decision of the Editor-in-Chief without translation into Russian (with the exception of the manuscript title, authors' names, authors' workplace, abstract, and keywords).

If the article is written in Russian, one should follow the Requirements for the Manuscripts Submitted for the Russian authors.

12.3. Title Page. Title page must include:

1. UDC identifier,
2. manuscript title,
3. last name and initials of author(s),
4. full name of the institution (no abbreviations), in which each author works, with obligatory indication of the organization status (abbreviation before the name), city, country;
5. contact information of the author, responsible for correspondence (e-mail).

For detailed information on UDC identifier – see 12.6.

If there are several authors, each name and institution is marked by the digital index. If all the authors are working in the same institution, it is not necessary to indicate the workplace of each author. It is sufficient to indicate the institution once. If the author has several affiliations, each one is denoted by a separate digital index.

12.4. Manuscript Structure. Any original manuscript should include: title page; abstract and key words in Russian; introduction, reflecting the state of the problem by the time of submission; objective; materials and methods; results; discussion; conclusion; information on financial support, grants, acknowledgements; references. Moreover, title; authors' names; full name of the institution (no abbreviations), in which each author works; city; state; abstract and keywords should be submitted in English.

Research methods should be described clearly, so that they can easily be reproduced. It is strongly recommended to follow Consolidated Standards of Reporting Trials (CONSORT), which is available at: <http://www.consort-statement.org>.

Modern methods of statistical data processing should be used in the works, representing the results of scientific research. These methods must be described in “Materials and Methods”.

When submitting experimental works one should follow Animal Testing Regulations. For animal studies, authors must report the species, sex, and number of the animals, as well as pain management techniques applied during painful procedures and methods of killing research animals.

It is necessary to indicate whether the given numerical values are primary or secondary; to determine the limits of accuracy, and reliability; credibility intervals; evaluations; recommendations; adopted or rejected hypothesis, which were discussed in the manuscript.

Review Structure. Title page; abstract and key words in Russian; introduction, reflecting the state of the problem by the time of submission; objectives of the literature review; conclusion; information on financial support, grants, acknowledgements; references. Moreover, title; authors' names; full name of the institution (no abbreviations), in which each author works; city; state; abstract and keywords should be submitted in English.

It is advisable for reviews to follow the International recommendations on systematic methods of literature search and standards. Abstracts of reviews should contain information about methods of searching literature in bibliographic database.

For detailed information on review structure see Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA): <http://prisma-statement.org/>.

Structure of case reports: title; abstract and key words in Russian; references. Moreover, title; authors' names; full name of the institution (no abbreviations), in which each author works; city; state; abstract and keywords should be submitted in English. Clinical observations should follow CARE recommendations available at: <http://care-statement.org/>.

12.5. Standards. All terms and definitions should be scientifically valid, their spelling (both Russian and Latin) should conform to accepted terms (<http://www.twirpx.com/file/123175/>). Therapeutic pharmaceutical agents should be given only in international non-proprietary names, which are used first. Then, if necessary, several trade names are given. It is desirable for enzyme spelling to correspond

Enzyme	Nomenclature	(available	at:
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<http://www.chem.qmul.ac.uk/iubmb/enzyme/>).

In addition to common abbreviations of units of measurements, physical, chemical and mathematical values and terms (e.g., DNA) abbreviations often repeated in the text are also allowed. All acronyms and abbreviations should be spelled out the first time they are used. Reduction of simple words, even if occurred frequently, is not allowed. Drug doses, units of measurement, and other numerical values must be specified in SI-system.

12.6. Universal Decimal Classification (UDC). This system of bibliographic and library classification is widely used throughout the world to provide a systematic arrangement of all branches of human knowledge organized as a coherent system, in which knowledge fields are related and inter-linked.

To determine UDC individually consult the site of the Russian National Public Library for Science and Technology: [UDC](#).

12.7. Abstract and Keywords. Abstract should state only the essential facts of the Work. For original manuscripts abstract must include: objective, methods and results, conclusion. The objective of the paper is indicated in case it does not repeat the title of the manuscript. Method description should be concise and provide an idea of methodological approaches and research methodology. The results obtained should be described very accurately and informatively. The basic theoretical and experimental results, new scientific facts, correlations and objective laws should be also given. The information contained in the title of the manuscript should not be repeated in the abstract. Abstract translation into Russian must be original (loan-translation).

The abstract body must be between 200-250 words.

Keywords. The abstract should be followed by a list of keywords or phrases (no more than 8), which highlight a particular theme covered and allow quick retrieval by users in online library catalogs. Keywords should be separated with a comma. Use a period after the last item in the list.

The abstract and keywords should be given both in Russian and in English.

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Tables. Tables must have headers and consecutive numbering. All tables should be numbered with Arabic numerals (e.g., Table 1). If a table appears on a separate page in the text of a manuscript it is necessary to specify its location. The header of the table should reflect its main contents. The number of a table (if there is more than one table) is given above and right-aligned. The header of the table is given below, center alignment. Abbreviations may not be used in the headers. All figures in the tables must correspond figures in the text. Tables may appear in the text, not on a separate page. All acronyms and abbreviations should be explained in the table notes below. A dot is used in decimal fractions (e.g., 3.25, 0.5).

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Well-defined computer-generated images are available; the resolution should be no less than 600 dpi (dots per inch). All illustrative items in the figures are designated with Arabic numerals or lower case letters of the Roman alphabet and explained in the captions. Each coordinate axis of a graph should be labeled with the word and/or unit of measurement (e.g., horizontal axis – culture time, day; vertical axis – enzyme strength, ml/min). Minimal font size in tables and figures is 12 (**smaller font size is forbidden**). Large tables should be placed on a separate page(s).

12.9. Mathematical Formulas. Please submit mathematical equations as editable text and not as images. Italics should be used for variables. Equations should be numbered consecutively beginning with (1).

12.10. Bibliography and References. The correct description of the sources used in References is the guarantee that the cited publication will be taken into account when assessing the scientific work of the author(s) and organization(s) they represent. The original manuscripts should cite no more than 30 sources, literature reviews – no more than 60 sources, other materials – up to 15 sources. References should contain publications in the last 5 years (no less than 50%) in addition to fundamental works. Ensure that all references cited in the text are present in the References in the order of their citation. Bibliographical references in the text are indicated by numbers in square brackets. If there are multiple references they are given in chronological order: [1, 3, 5–9, 25].

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General order of the References: 1) author(s) of the book or article; 2) if the editors are considered to be the authors of the books, (eds.) should appear after their names; 3) title of the book (article); 4) publisher's imprint.

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The bibliographic description of an article: the title of a journal, year of publication, volume, number of the journal in parentheses (if there is no volume number only the number of the journal is stated), numbers of the first and the last pages (preceded by a colon). Titles of journals should appear in their abbreviated form according to the List of Title Word Abbreviations: <http://www.issn.org/services/online-services/access-to-the-ltwa/>.

Links to online sources should be reliable and durable. Full URL-address and date of access are desirable. Any other additional information (if available) should also be given: DOI, authors' names, dates, source link, etc.

Samples of References:

Books

Borg G.A. Borg's perceived exertion and pain scales. Champaign, IL: Human Kinetics; 1998. 208.

Book chapters

Morgan W.P. Physical activity, fitness and depression. In: C. Bouchard, R.J. Shephard, T. Stephens (Eds.), Physical activity, fitness, and health. Champaign, IL: Human Kinetics; 1994: 851-867.

Articles

Margaretten M., Julian L., Katz P., Yelin E. Depression in patients with rheumatoid arthritis: description, causes and mechanisms. *Int. J. Clin. Rheumatol.* 2011; 6 (6): 617-623.

Conference proceedings

Harnden P., Joffe J.K., Jones W.G., eds. Germ cell tumours V: Proceedings of the 5-th Germ cell tumour conference. 2001, sept. 13-15; Leeds; UK. New York: Springer; 2001: 128-133.

Patents

Stepanov G.A. Patent RU № 2100008; 1997.

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7. *Keywords in Russian* (italics, full justification).
8. Body (full justification).
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17. References in English (enumeration if necessary, center alignment, see 12.11-12.12).

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15. Contact Information:

Phone numbers:

8 (8422) 32-29-80 Midlenko Vladimir Ilyich – editor-in-chief;

8(8422) 37-24-511 Balykin Mikhail Vasilyevich – vice editor-in-chief;
8 (8422) 55-27-08 Shutov Aleksandr Mikhailovich – vice editor-in-chief;
e-mail: ulsubook@yandex.ru

Postal Address: Balykin Mikhail Vasilyevich, Institute of Medicine, Ecology and Physical Education, Ulyanovsk State University, Lev Tolstoy St., 42., Ulyanovsk, Russia. 432017.

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